

Southcourt Family Centre Plus

The Family Support Service Team are available to offer support at this centre **9am to 5pm Monday to Friday**. We also have sessions running on a regular basis.

Drop in without an appointment or give us a call.

Support includes:

- Family routines
- Family relationships
- Parenting
- Mental health
- Domestic abuse or parental conflict
- Difficulties with housing or home conditions
- Risk-taking behaviour
- The impact of substance misuse
- Financial problems and debt
- Young carers
- Vulnerable to exploitation
- Excluded from school or having difficulties going to school



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