Nurture Programme

Parenting group

The Nurture Programme is a parenting group that aims to empower parents to:

- build positive relationships
- encourage co-operative behaviour
- develop resilience, empathy, and self-esteem in themselves and their children



Groups are available across Buckinghamshire's Family Centres, we offer a 2-day, 3-day or 5-week program. Please scan for dates available in your local area.

Places must be booked prior to the course starting.

To register for the programme please email, phone or scan the QR code.



