

# Prayer



# Sheet

## Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen

## Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Amen

## Morning Prayer

Father in heaven, I give you today all that I think and do and say, I give you the good times as well as the bad, the times when I'm happy, the times when I'm sad. Fill me with grace and keep me strong. With you at my side I won't go wrong.

Amen

## Grace before meals

Bless us, O God, as we sit together. Bless the food we eat today. Bless the hands that made the food. Bless us, O God.

Amen

## Hail Mary

Hail Mary! Full of grace, the Lord is with thee; blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us, sinners, now and at the hour of our death.

Amen

## Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now and ever shall be, world without end.

Amen

## Night prayer

God, our Father, I come to say thank you for your love today. Thank you for my family and all the friends you give to me. Guard me in the dark of night and in the morning send your light.

Amen

## Grace after meals

Thank you, God, for all the food we have eaten.

Thank you, God, for all our friends.

Thank you, God, for everything.

Amen

